



# 2021 Spring Season Parent Manual



**Honesty | Integrity | Sportsmanship | Respect | Confidence | Responsibility | Perseverance | Courtesy | Judgment**

Thank you for your participation! We can't wait to have you participate in our 2021 Spring Season! We look forward to helping your kids develop into quality golfers and even better young people.

**First Tee—Central Carolina Staff**

[www.firstteecentralcarolina.org](http://www.firstteecentralcarolina.org)

## AREA KEY

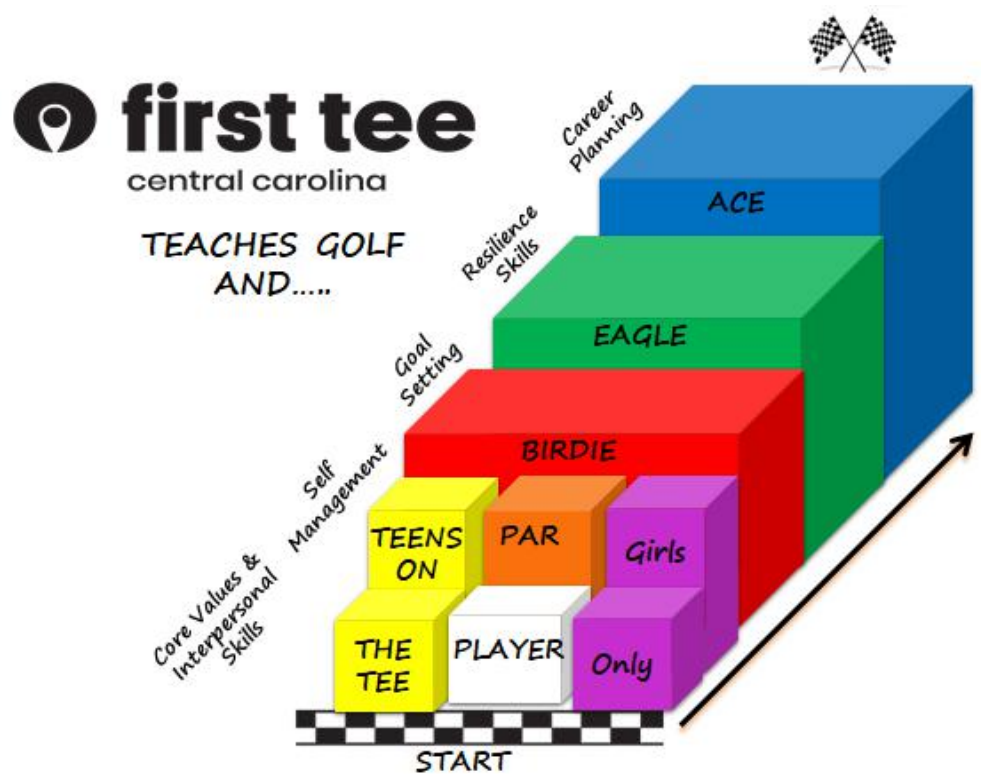
(G) = Greensboro  
(WS) = Winston-Salem  
(C) = Clemmons  
(B) = Burlington  
(JT) = Jamestown  
(HP) = High Point  
(L) = Lexington  
(T) = Thomasville  
(SV) = Statesville  
(S) = Salisbury  
(Y) = Yanceyville  
(A) = Asheville  
(H) = Hendersonville

## LOCATIONS

Gillespie GC  
Winston Lake GC  
Tanglewood Park Par 3  
Greensboro National  
Jamestown  
Oak Hollow GC  
Rick Murphy Golf Academy  
The Cardinal GC  
Indian Valley GC  
Winding Creek GC  
Sapona CC  
Statesville CC  
CC of Salisbury  
Asheville Municipal  
Champions Learning Center

# ALL PARENTS

This guide provides program levels, curriculum outlines, class dates, times, and displays progression requirements.



# PLAYer

**PLAYer is the introductory level to the First Tee program. This is where all new students begin regardless of age or golf skill level. Other PLAYer classes are our Girls Golf2gether and Teens on the Tee.**

The PLAYer level helps establish the foundation for young people to become life-long PLAYers of the game. As soon as participants enter The First Tee, they are exposed to how golf is played, have more fun learning skills of the game and are provided opportunities for appreciating the game for a lifetime. The P, L, A, and Y in the PLAYer level are depicted below.

**P - Play:** PLAYers experience and gain an understanding of play in skill acquisition and how using sports of all sorts with purposeful play can help generate and maintain an interest in golf.

**L - Learn:** PLAYers are introduced to the game through a series of games to enhance golf and life skills through The First Tee Code of Conduct and 9 Core Values.

**A - Appreciate:** PLAYers are exposed to the game of golf including areas of the course, terms/vocabulary, etiquette and rules of the game.

**Y - Your Game:** PLAYers have the opportunity to develop and play their game through various appropriate activities.

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### Age Requirements:

- 7- 18 years old

### Cost:

- \$80.00 for the Spring Season

### Class Times:

- **Monday-Thursday classes begin at 4:30 pm and finish at 6:00 pm.**

Monday	Tuesday	Wednesday	Thursday
Gillespie (G) Winston Lake (WS) Tanglewood (C) Jamestown (JT) Oak Hollow (HP)	Greensboro National (G) Indian Valley (B) Salisbury (S)	Tanglewood (C) Winding Creek (T) Statesville (SV)	Gillespie (G) Winston Lake (WS) The Cardinal (G)
Classes Start: March 29th Classes End: May 17th Make-Up: May 24th	Classes Start: March 30th Classes End: May 18th Make-Up: May 25th	Classes Start: March 31st Classes End: May 19th Make-Up: May 26th	Classes Start: April 1st Classes End: May 20th Make-Up: May 27th

# Girls Golf2gether



The girl's only class consists of the PLAYer curriculum, which is the introductory level to The First Tee program.

We began our girls only program in the Fall of 2014 with four Saturday mornings using our First Tee format. It was such a success we decided to turn it into a weekly class giving more class options for girls.

If you have a daughter, new or familiar with the game of golf, this is a great starting point! She will learn, practice, and play golf in a fun and non-threatening environment.

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#### Age Requirements:

- 7- 12 years old

#### Cost:

- \$80.00 for the Spring Season

#### Class Times:

- **Tuesday & Thursday classes begin at 4:30 pm and finish at 6:00 pm.**

Tuesday	Thursday
Winston Lake (WS)	Tanglewood (C)
Classes Start: March 30th Classes End: May 18th Make-Up: May 25th	Classes Start: April 1st Classes End: May 20th Make-Up: May 27th

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**If you have any questions about this class or girls only golf, please contact Ellen Lapierre,  
(336)509-7290.**

# Teens on the Tee

Participants must meet the minimum age requirement of 12 years old. This class is geared toward teens who are just beginning in The First Tee program. Curriculum will be a combined course guideline of PLAYer and PAR material.

The First Tee of the Triad Teens on the Tee level incorporates both our PLAYer and PAR level classes. It teaches the essentials upon which The First Tee was founded and extends into more complex applications. Teens on the Tee is aimed toward participants, ages 12 to 18, who are beginning their journey with The First Tee.

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### Age Requirements:

- 12-18 years old

### Cost:

- \$80.00 for the Spring Season

### Class Times:

- **Tuesday & Wednesday classes begin at 4:30 pm and finish at 6:00 pm.**

Tuesday	Wednesday
Winston Lake (WS)	Gillespie (G)
Classes Start: March 30th Classes End: May 18th Make-Up: May 25th	Classes Start: March 31st Classes End: May 19th Make-Up: May 26th

# Par

**To enroll in a Par level class, participants must have successfully completed all certification requirements at the PLAYer level. In addition, they must meet the minimum age requirement of 9 years old.**

The main focus of the Par level is to assist participants with self-management techniques that help them manage their thoughts, emotions and behaviors on and off the golf course.

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### Age Requirements:

- 9- 18 years old

### Cost:

- \$80.00 for the Spring Season

### Class Times:

- **Monday-Thursday classes begin at 4:30 pm and finish at 6:00 pm.**

Monday	Tuesday	Wednesday	Thursday
Gillespie (G) Winston Lake (WS) Tanglewood (C) Jamestown (JT) Rick Murphy (G)	Oak Hollow (HP) Indian Valley (B) Sapona (L) Salisbury (S) Champions Learning Center (H)	Tanglewood (C) Winding Creek (T) Statesville (SV)	Gillespie (G) Greensboro National (G)
Classes Start: March 29th Classes End: May 17th Make-Up: May 24th	Classes Start: March 30th Classes End: May 18th Make-Up: May 25th	Classes Start: March 31st Classes End: May 19th Make-Up: May 26th	Classes Start: April 1st Classes End: May 20th Make-Up: May 27th

# Stop to read about TWO great learning experiences and playing opportunities in 2021!

## Par 3 Series

**THIS IS NOT AN INSTRUCTIONAL CLASS!**

**Participants must have completed at least one session of PLAYer . (This program is designed to be taken along with regular First Tee classes.)**

Par 3 Series Golf is specifically designed to introduce young golfers of all skill levels to on-course play in a semi-competitive environment. Par 3 Series Golf is meant to be played in combination with a regular First Tee class. It can also be enjoyed as a single activity if the child/youth has past experience on a golf course.

### Age Requirements:

- 7- 15 years old

### Cost:

- \$80.00 for the 8 week session

### Class Times:

- Saturday Par 3 begins at 9:00am.

### Saturday

Tanglewood (C)

**PARENTS ARE STRONGLY ENCOURAGED TO CADDIE FOR THEIR KIDS DURING PAR 3 SERIES!**

Classes Start: April 3rd

Classes End: May 8th

Make-Up: May 15th

PAR 3 Championship: May 22nd @ Tanglewood (Tentative)

## Tournament Instruction

**THIS CLASS IS FOR NEW GOLFERS INTERESTED IN LEARNING HOW TO PLAY AT THE COMPETITIVE LEVEL!**

Throughout the course of the eight weeks, we will provide instruction on course play and help our students learn the rules of golf. At the end of the season, our students will be invited to play in a tournament, where they will be able to put their new golf knowledge and skills to the test.

### Age Requirements:

- 7- 15 years old

### Cost:

- \$80.00 for the 8 week session

### Class Times:

- Saturday Tournament Instruction begins at 9:00am.

### Saturday

Gillespie (C)

Classes Start: April 3rd

Classes End: May 22nd

Make-Up: May 29th

# Birdie

To enroll in a Birdie level class, participants must have successfully completed a minimum of TWO seasons at the Par level, including: completed yardage book, passed the written test, and passed their golf skills challenge. In addition, they must meet the minimum age requirement of 11 years old.

The Birdie level helps players learn to identify personal goals and develop strategies for reaching them. The weekly classes help them set out practical and positive steps for making progress towards the future they envision. In addition, Birdie lessons equip participants with the tools they need to overcome challenges they face as they climb their "Goal Ladders".

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#### Age Requirements:

- 11- 18 years old

#### Cost:

- \$80.00 for the Spring Season

#### Class Times:

- **Tuesday, Wednesday, and Thursday classes begin at 4:30 pm and finish at 6:00 pm.**

Tuesday	Wednesday	Thursday
Gillespie (G) Tanglewood (C) Sapona (L) Salisbury (S)	Winston Lake (WS) Indian Valley (B) Statesville (SV)	Tanglewood (C) Greensboro National (G) Oak Hollow (HP)
Classes Start: March 30th Classes End: May 18th Make-Up: May 25th	Classes Start: March 31st Classes End: May 19th Make-Up: May 26th	Classes Start: April 1st Classes End: May 20th Make-Up: May 27th

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**Once a participant graduates from Birdie, they become eligible for national tournaments and leadership academies around the country hosted by The First Tee Home Office.**



# Eagle

To enroll in an Eagle level class, participants must have successfully completed a minimum of TWO seasons at the Birdie level, including: completed yardage book, passed the written test, and passed their golf skills challenge. In addition, they must meet the minimum age requirement of 13 years old.

The Eagle level reinforces and builds on all the lessons previously learned in The First Tee experience. It introduces the idea of physical, mental, emotional, and social wellness. Participants are encouraged to appreciate the diversity around them and are taught practical tips to solve problems and prepare for their futures beyond high school.

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#### Age Requirements:

- 13- 18 years old

#### Cost:

- \$80.00 for the Spring Season

#### Class Times:

- **Tuesday, Wednesday, and Thursday classes begin at 4:30 pm and finish at 6:00 pm.**

Tuesday	Wednesday	Thursday
Gillespie (G) Tanglewood (C)	Indian Valley (B)	Winston Lake (WS)
Classes Start: March 30th Classes End: May 18th Make-Up: May 25th	Classes Start: March 31st Classes End: May 19th Make-Up: May 26th	Classes Start: April 1st Classes End: May 20th Make-Up: May 27th

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## **ACE PROGRAM**

Upon completion of the Eagle level, a participant is eligible for our ACE program. ACE is the highest level of the First Tee program.

**Please contact Ellen Lapierre, Director of ACE, at (336) 509-7290 for more information.**

# ACE

## What is the ACE Program?

The ACE Program is the culmination of a student's participation in the First Tee program. Its purpose is to prepare students for life beyond high school. The ACE Program Coordinator will assist students as they work to complete a series of 4 projects.

**Project 1: Enjoy Golf For Life** - Students will examine their golf skills and determine what is good about their game and what could be better. After assessing their game, they will work on a plan for improvement. Students will also examine whether they wish to pursue golf as a career or recreationally.

**Project 2: Investigate Potential Careers** - Students will explore their talents and interests and connect these with various careers they find interesting. Students will learn about searching for jobs, creating resumes and interviewing.

**Project 3: Give Back** - Students will engage in giving back to the broader community for a minimum of 48 hours. Students will draw upon a variety of life skills as they pursue activities in this area. **ACE students are required to volunteer as a Jr. Coach for at least one eight week session and this time DOES NOT count toward their 48 hours.**

**Project 4: Explore Educational Opportunities** - Students will explore options related to college or other educational and vocational preparation alternatives. Students will prepare a game plan for pursuing educational options that interest them.

## Requirements for ACE Level Certification:

- Coach overseeing the ACE participant must be a recognized First Tee Coach
- Participant must be 14 years or older or entering 9th grade
- Participant must be Eagle Certified in participant database
- Participant must spend at least 1-2 years on their ACE project

## Recognition and Rewards for being ACE Certified:

ACE certified is the highest level of certification at the First Tee. ACE certified participants will receive local and national recognition, as well as various rewards from First Tee Headquarters and chapter.

Benefits of reaching the highest level of certification in the First Tee:

- Achieving the top level of the First Tee Life Skills Experience (less than 1% of First Tee participants in the Network achieve ACE certified level)
- Discovering a deeper understanding for personal college plans, career paths, and healthy and active lifestyle choices
- Recognized at a national level for accomplishment
- Featured in network publications, social media and website
- **Each ACE graduate from the our chapter will receive a \$1000 local scholarship!!!**

For more information regarding the ACE program or National Opportunities, please contact

Ellen Lapierre  
(336) 509-7290  
ellen@firstteecentralcarolina.org



# Certification and Progression

## PLEASE READ

The First Tee program is **not a race!** It is intentionally designed for students to have multiple exposures at each level. **Many students will not be old enough to advance after just one season...THIS IS NORMAL!!!**

A lot of these students will still take part in certification activities. Practicing certification is a great opportunity to experience the process even though their results will not count towards their future progression.

**What is Certification?** Certification is a multi-part process that all students go through to demonstrate they are ready to move to the program's next level.

### How Certification Works

**Students must meet ALL the following criteria before advancing to the next level.**

1. **Minimum Age** - Each student must meet the minimum age requirement (**no exceptions**). Students have until the end of the second week of a new season (spring or fall) to reach this age.
  - a. **PLAYer** - 7
  - b. **Par** - 9
  - c. **Birdie** - 11
  - d. **Eagle** - 13
  - e. **ACE** - 14
2. **Written Assessment** - Each student must pass a written test. The written tests focus on information covered in class and in their Yardage Books. This includes: core values, healthy habits, life skills, golf etiquette and golf rules. Tests require a score of 80% or better to be considered passing.
3. **Yardage Books** - Each student should complete as much material in their yardage book as their class covers. Questions should be answered thoroughly and thoughtfully. Yardage books will be checked and then given back for future review/reference.
4. **Golf Skills Demonstration** - Each student will be required to demonstrate minimum levels of proficiency in regards to their golf abilities (putting, chipping and full swing). This takes place during class times.
5. **Coach Recommendation** - Each student must receive a recommendation from their current level coach before advancing. If a student's coach does not feel they are "ready" to advance, they will not be allowed to move on. Chapter staff will communicate directly with coaches to determine which students are able to advance.
6. **Advancement** - Once a participant has met all of the above criteria they will be moved up to the next level. The participant will attend her/his new classes at the beginning of the next season.

**More information about certification will be given out towards the end of the season.**

# Programming Team

## Contact Information

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