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**Study Guide**

***Par Level***

**True/False Questions:**

1. T / F You get free relief from a puddle of water which is visible before you take your stance, as long as it’s not in a water hazard.

2. T / F You are allowed to tee your golf ball up more than 2 club lengths behind the tee markers.

3. T / F “Asking for Help” is one of the three tips for having fun.

4. T / F The 4 R’s can be used to help you manage your emotions.

5. T / F What you eat in the morning has NO effect on your energy level in the afternoon.

**Fill in the blank and Multiple Choice:**

6-8. Fill in the missing parts of a successful “Meet and Greet”.

* Face the other person.
* Smile and \_\_\_\_\_\_\_\_ him or her in the eye. (LOOK)
* Give a firm \_\_\_\_\_\_\_\_. (HANDSHAKE)
* State your name clearly and loudly enough to be heard.
* If you need information, ask a \_\_\_\_\_\_\_\_. (QUESTION)

9. It would be a sign of good Judgment for you to have the following in your golf bag at all times:

• A USGA Rules Book

• A jacket or hat in case of rain or cold

• A small first-aid kit

• All of these

10. The 4Rs (in the correct order) are\_\_\_\_\_\_\_\_\_\_\_\_\_.

* Relax, Ready, Replay, Repeat
* Replay, Relax, Ready, Redo
* Redo, Relax, Ready, Repeat
* Replay, Redo, Ready, Relax