



first tee

central carolina

2021 Fall Season Parent Manual



**Honesty | Integrity | Sportsmanship | Respect | Confidence | Responsibility |
Perseverance | Courtesy | Judgment**

Thank you for your participation! We can't wait to have you participate in our 2021 Fall Season! We look forward to helping your kids develop into quality golfers and even better young people.

First Tee—Central Carolina Staff

www.firstteecentralcarolina.org

AREA KEY

(G) = Greensboro
(WS) = Winston-Salem
(C) = Clemmons
(B) = Burlington
(JT) = Jamestown
(HP) = High Point
(L) = Lexington
(S) = Salisbury
(D) = Danville
(A) = Asheville
(H) = Hendersonville

LOCATIONS

Gillespie GC
Winston Lake GC
Tanglewood Park Par 3
Greensboro National
Jamestown
Oak Hollow GC
Rick Murphy Golf Academy
The Cardinal GC
Indian Valley GC
Sapona CC
CC of Salisbury
Biltmore Forest CC
Fireside Range
Goodyear GC

ALL PARENTS

This guide provides program levels, curriculum outlines, class dates, times, and displays progression requirements.



PLAYer

PLAYer is the introductory level to the First Tee program. This is where all new students begin regardless of age or golf skill level. Other PLAYer classes are our Girls Golf2gether and Teens on the Tee.

The PLAYer level helps establish the foundation for young people to become life-long PLAYers of the game. As soon as participants enter First Tee, they are exposed to how golf is played, have more fun learning skills of the game and are provided opportunities for appreciating the game for a lifetime. The P, L, A, and Y in the PLAYer level are depicted below.

P – Play: PLAYers experience and gain an understanding of play in skill acquisition and how using sports of all sorts with purposeful play can help generate and maintain an interest in golf.

L – Learn: PLAYers are introduced to the game through a series of games to enhance golf and life skills through the First Tee Code of Conduct and 9 Core Values.

A – Appreciate: PLAYers are exposed to the game of golf including areas of the course, terms/vocabulary, etiquette and rules of the game.

Y – Your Game: PLAYers have the opportunity to develop and play their game through various appropriate activities.

Age Requirements:

- 7- 18 years old

Cost:

- \$80.00 for the Fall Season

Class Times:

- **Monday-Thursday classes begin at 4:30 pm and finish at 6:00 pm.**
- **Gillespie Saturday classes begin at 9:00 am and finish at 10:30 am.**
- **Fireside Range classes begin at 1:00 pm and finish at 2:30 pm.**

Monday	Tuesday	Wednesday	Thursday	Saturday
Gillespie (G) Winston Lake (WS) Tanglewood (C) Jamestown (JT) Oak Hollow (HP) Rick Murphy (G) Biltmore Forest (A)	Greensboro National (G) Indian Valley (B) Salisbury (S) Sapona (L)	Tanglewood (C)	Gillespie (G) Winston Lake (WS)	Gillespie (G) Fireside Range (H)
Classes Start: August 23rd Classes End: October 11th Make-Up: October 18th	Classes Start: August 24th Classes End: October 12th Make-Up: October 19th	Classes Start: August 25th Classes End: October 13th Make-Up: October 20th	Classes Start: August 26th Classes End: October 14th Make-Up: October 21st	Classes Start: August 28th Classes End: October 16th Make-Up: October 23rd

Girls Golf2gether



The girl's only class consists of the PLAYer curriculum, which is the introductory level to our First Tee program.

We began our girls only program in the Fall of 2014 with four Saturday mornings using our First Tee format. It was such a success we decided to turn it into a weekly class giving more class options for girls.

If you have a daughter, new or familiar with the game of golf, this is a great starting point! She will learn, practice, and play golf in a fun and non-threatening environment.

Age Requirements:

- 7- 12 years old

Cost:

- \$80.00 for the Fall Season

Class Times:

- **Tuesday & Thursday classes begin at 4:30 pm and finish at 6:00 pm.**

Tuesday	Thursday
Winston Lake (WS)	Tanglewood (C)
Classes Start: August 24th Classes End: October 12th Make-Up: October 19th	Classes Start: August 26th Classes End: October 14th Make-Up: October 21st

If you have any questions about this class or girls only golf, please contact Katelyn Shires, (336)978-0265.

Teens on the Tee

Participants must meet the minimum age requirement of 12 years old. This class is geared toward teens who are just beginning in the First Tee program. Curriculum will be a combined course guideline of PLAYer and PAR material.

First Tee — Central Carolina Teens on the Tee level incorporates both our PLAYer and PAR level classes. It teaches the essentials upon which First Tee was founded and extends into more complex applications. Teens on the Tee is aimed toward participants, ages 12 to 18, who are beginning their journey with First Tee.

Age Requirements:

- 12-18 years old

Cost:

- \$80.00 for the Fall Season

Class Times:

- Tuesday & Wednesday classes begin at 4:30 pm and finish at 6:00 pm.

Tuesday	Wednesday
Winston Lake (WS)	Gillespie (G)
Classes Start: August 24th Classes End: October 12th Make-Up: October 19th	Classes Start: August 25th Classes End: October 13th Make-Up: October 20th

Par

To enroll in a Par level class, participants must have successfully completed all certification requirements at the PLAYer level. In addition, they must meet the minimum age requirement of 9 years old.

The main focus of the Par level is to assist participants with self-management techniques that help them manage their thoughts, emotions and behaviors on and off the golf course.

Age Requirements:

- 9- 18 years old

Cost:

- \$80.00 for the Fall Season

Class Times:

- **Monday-Thursday classes begin at 4:30 pm and finish at 6:00 pm.**
- **Fireside Range Saturday classes begin at 3:00 pm and finish at 4:30 pm.**

Monday	Tuesday	Wednesday	Thursday	Saturday
Gillespie (G) Winston Lake (WS) Tanglewood (C) Jamestown (JT) Rick Murphy (G)	Indian Valley (B) Sapona (L) Salisbury (S)	Tanglewood (C)	Gillespie (G) Greensboro National (G) The Cardinal (G) Oak Hollow (HP)	Fireside Range (H)
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Stop to read about a great learning experience and playing opportunity in 2021!

Par 3 Series

THIS IS NOT AN INSTRUCTIONAL CLASS!

Participants must have completed at least one session of **PLAYer** . (This program is designed to be taken along with regular First Tee classes.)

Par 3 Series Golf is specifically designed to introduce young golfers of all skill levels to on-course play in a semi-competitive environment. Par 3 Series Golf is meant to be played in combination with a regular First Tee class. It can also be enjoyed as a single activity if the child/youth has past experience on a golf course.

Age Requirements:

- 7- 15 years old

Cost:

- \$80.00 for the 8 week session

Class Times:

- Saturday Par 3 begins at 9:00am.

Saturday
Tanglewood (C) Iron Play (G) PARENTS ARE <u>STRONGLY ENCOURAGED</u> TO CADDIE FOR THEIR KIDS DURING PAR 3 SERIES!
Classes Start: August 28th Classes End: October 2nd Make-Up: October 9th PAR 3 Championship: October 16th @ Iron Play (Tentative)

Birdie

To enroll in a Birdie level class, participants must have successfully completed a minimum of TWO seasons at the Par level, including: completed yardage book, passed the written test, and passed their golf skills challenge. In addition, they must meet the minimum age requirement of 11 years old.

The Birdie level helps players learn to identify personal goals and develop strategies for reaching them. The weekly classes help them set out practical and positive steps for making progress towards the future they envision. In addition, Birdie lessons equip participants with the tools they need to overcome challenges they face as they climb their "Goal Ladders".

Age Requirements:

- 11- 13 years old

Cost:

- \$80.00 for the Fall Season

Class Times:

- Tuesday, Wednesday, and Thursday classes begin at 4:30 pm and finish at 6:00 pm.
 - Fireside Range Saturday classes begin at 3:00 pm and finish at 4:30 pm.

Tuesday	Wednesday	Thursday	Saturday
Gillespie (G) Tanglewood (C) Sapona (L) Salisbury (S) Oak Hollow (HP)	Winston Lake (WS) Indian Valley (B)	Tanglewood (C) Greensboro National (G)	Fireside Range (H)
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Once a participant graduates from Birdie, they become eligible for national tournaments and leadership academies around the country hosted by First Tee Headquarters.

Eagle

To enroll in an Eagle level class, participants must have successfully completed a minimum of TWO seasons at the Birdie level, including: completed yardage book, passed the written test, and passed their golf skills challenge. In addition, they must meet the minimum age requirement of 13 years old.

The Eagle level reinforces and builds on all the lessons previously learned in The First Tee experience. It introduces the idea of physical, mental, emotional, and social wellness. Participants are encouraged to appreciate the diversity around them and are taught practical tips to solve problems and prepare for their futures beyond high school.

Age Requirements:

- 13- 18 years old

Cost:

- \$80.00 for the Fall Season

Class Times:

- **Tuesday, Wednesday, and Thursday classes begin at 4:30 pm and finish at 6:00 pm.**

Tuesday	Wednesday	Thursday
Gillespie (G) Tanglewood (C) Salisbury (S)	Indian Valley (B)	Winston Lake (WS)
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ACE PROGRAM

Upon completion of the Eagle level, a participant is eligible for our ACE program. ACE is the highest level of the First Tee program.

Please contact Ellen Lavoie, Director of ACE, at (336) 509-7290 for more information.

ACE

What is the ACE Program?

The ACE Program is the culmination of a student's participation in the First Tee program. Its purpose is to prepare students for life beyond high school. The ACE Program Coordinator will assist students as they work to complete a series of 4 projects.

Project 1: Enjoy Golf For Life - Students will examine their golf skills and determine what is good about their game and what could be better. After assessing their game, they will work on a plan for improvement. Students will also examine whether they wish to pursue golf as a career or recreationally.

Project 2: Investigate Potential Careers - Students will explore their talents and interests and connect these with various careers they find interesting. Students will learn about searching for jobs, creating resumes and interviewing.

Project 3: Give Back - Students will engage in giving back to the broader community for a minimum of 48 hours. Students will draw upon a variety of life skills as they pursue activities in this area. **ACE students are required to volunteer as a Jr. Coach for at least one eight week session and this time DOES NOT count toward their 48 hours.**

Project 4: Explore Educational Opportunities - Students will explore options related to college or other educational and vocational preparation alternatives. Students will prepare a game plan for pursuing educational options that interest them.

Requirements for ACE Level Certification:

- Coach overseeing the ACE participant must be a recognized First Tee Coach
- Participant must be 14 years or older or entering 9th grade
- Participant must be Eagle Certified in participant database
- Participant must spend at least 1-2 years on their ACE project

Recognition and Rewards for being ACE Certified:

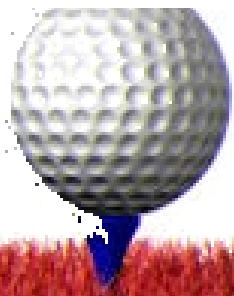
ACE certified is the highest level of certification at the First Tee. ACE certified participants will receive local and national recognition, as well as various rewards from First Tee Headquarters and chapter.

Benefits of reaching the highest level of certification in the First Tee:

- Achieving the top level of the First Tee Life Skills Experience (less than 1% of First Tee participants in the Network achieve ACE certified level)
- Discovering a deeper understanding for personal college plans, career paths, and healthy and active lifestyle choices
- Recognized at a national level for accomplishment
- Featured in network publications, social media and website
- **Each ACE graduate from the our chapter will receive a \$1000 local scholarship!!!**

For more information regarding the ACE program or National Opportunities, please contact

Ellen Lavoie
(336) 509-7290
ellen@firstteecentralcarolina.org



Certification and Progression

PLEASE READ

The First Tee program is **not a race**! It is intentionally designed for students to have multiple exposures at each level. **Many students will not be old enough to advance after just one season...THIS IS NORMAL!!!**

A lot of these students will still take part in certification activities. Practicing certification is a great opportunity to experience the process even though their results will not count towards their future progression.

What is Certification? Certification is a multi-part process that all students go through to demonstrate they are ready to move to the program's next level.

How Certification Works

Students must meet ALL the following criteria before advancing to the next level.

1. **Minimum Age** - Each student must meet the minimum age requirement (**no exceptions**). Students have until the end of the second week of a new season (spring or fall) to reach this age.
 - a. **PLAYer** - 7
 - b. **Par** - 9
 - c. **Birdie** - 11
 - d. **Eagle** - 13
 - e. **ACE** - 14
2. **Written Assessment** - Each student must pass a written test. The written tests focus on information covered in class and in their Yardage Books. This includes: core values, healthy habits, life skills, golf etiquette and golf rules. Tests require a score of 80% or better to be considered passing.
3. **Yardage Books** - Each student should complete as much material in their yardage book as their class covers. Questions should be answered thoroughly and thoughtfully. Yardage books will be checked and then given back for future review/reference.
4. **Golf Skills Demonstration** - Each student will be required to demonstrate minimum levels of proficiency in regards to their golf abilities (putting, chipping and full swing). This takes place during class times.
5. **Coach Recommendation** - Each student must receive a recommendation from their current level coach before advancing. If a student's coach does not feel they are "ready" to advance, they will not be allowed to move on. Chapter staff will communicate directly with coaches to determine which students are able to advance.
6. **Advancement** - Once a participant has met all of the above criteria they will be moved up to the next level. The participant will attend her/his new classes at the beginning of the next season.

More information about certification will be given out towards the end of the season.

Programming Team

Contact Information

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