

**Study Guide**

***Teens on the Tee***

**True/False Questions**

1. T / F “Personal Par” is a standard you individually create to determine what you think is acceptable.

2. T / F You get free relief from a puddle of water which is visible before / when you take your stance, as long as it’s not in a penalty area.

3. T / F According to the 9 Healthy Habits, it’s ok to text/talk on the phone during dinner with family or friends.

4. T / F Courage is one of the 9 Core Values of The First Tee.

5. T / F What you eat in the morning has NO effect on your energy level in the afternoon.

6. T / F “Being Patient” is one of the three tips for having fun.

**Write in your answer**

7. ALR stands for: A\_\_\_Ask\_\_\_\_\_\_, L\_\_Listen\_\_\_\_\_\_\_\_, and R \_\_Respond\_\_\_\_\_\_\_\_.

**Multiple Choice:**

8. Circle one: Which one of the following is NOT a good idea? “On a hot day, when playing golf, you should”

wear light colored clothing wear a hat drink lots of soda wear sun-screen

9. Circle one: A score of one UNDER par is called a:

Birdie Bogey Double Bogey Eagle Ace

10. It would be a sign of good Judgment for you to have the following in your golf bag at all times:

* A USGA Rules Book
* A jacket or hat in case of rain or cold
* A small first-aid kit
* All of these