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| **Lesson Plan Week #7 (Age 10+11)** | **Supplies: Tees & Greens with Diversity-** Appropriately sized standard putting/chipping/pitching clubs, standard golf balls, cone tee markers, safety hoops, targets (if needed)  **Additional Set Up Details: Tees & Greens with Diversity -**The activity can be set up on golf holes or an open field. Each hole is 50-100 yards. Coaches will try to set up 2 or 3 holes. Each hitting zone will be marked with a different colored cone tee marker as shown below. |
| **Core Lesson: Appreciating and Valuing Diversity**  **Game/Activity: Tees & Greens with Diversity**  **Factor of Influence: Club Selection**  **Key Commitment: Collaboration with Others**  **Golf Skill Category:** Putt, Chip, Pitch  **Golf Fundamental:** Distance Response |
| **Tees & Greens with Diversity**  **Small**    **(Chip)**    **Safety Zone**            **(Pitch)** |
| **Warm Up/ Preview of Lesson: 10 Minutes** |
| **On the Bus/Off the Bus**- Coaches will mark off an area with cones lined up on two sides and a circle of cones in the middle. The class will be divided along the cones on either side. The lines of each side represent the bus stop. The cones in the middle represent the “Bus”. Coaches will call out an invitation to the group like the following: “Get on the bus if you like pizza”. All players that like pizza will move to the “Bus” area. Coaches will then make invitation to the group like “Get off the bus if you like vegetables.” Players that don’t like veggies will step off the bus and go back to the bus stop. Some may still be on the bus. Coaches will alternate Get On and Get Off statements to keep the flow of players moving around. This activity partially reinforces the “Appreciating and Valuing Diversity” life skill lesson of the day. |
| **Lesson Preview: 5 Minutes** |
| **Lesson Preview Play by Play:** Coaches will ask questions about appreciating diversity and working together. Coach can use a tool like a screwdriver to illustrate appreciating the role of different types of screwdrivers (phillips head, standard, different sizes) even though they may seem the same and how together they can work together to complete a project (house) Coaches can then draw a parallel to the different tools (clubs) in a golf bag and how they can work together by managing distance response. |
| **Wrap Up 5 Minutes** |
| **Wrap Up Questions:**   * How did class go today? * What did you learn about golf today? * How can club selection help your golf game? * How can we play better when we appreciate the diversity of our golf equipment? * How can we appreciate diversity in the tools/devices that we use in school or at home? |
| **Tees & Greens with Diversity (40 minutes)** | |
| **Game/Activity Objective**: Players are formed into teams of three and play on a short course or simulated holes. Each player will demonstrate appreciating diversity by using the best tool (club) for each shot. | |
| **Game/Activity Play by Play:**   * Players will assemble in a safe area for the activity demonstration * Coaches will demonstrate the safety process, the golf skills and the activity * The golf skill demonstration will include recommendations on what clubs to use for the pitch and chip shots. Recommendations will be based on the distance   from the hole and the typical trajectory (height) a ball takes when hit by different clubs.   * The class will be divided into smaller groups (teams) * Teams will go to their assigned starting hole and assemble in the safety zone near the pitch shot (green tee markers) for the first shot to the hole * Coaches will lead a discussion on what clubs they are they going to use from the three locations and why * An order of play is established for the players and will be used for the entire hole. (Examples: flip a tee or rock paper scissors) * Players will begin the hole by taking turns hitting shots from the pitching area (green tee markers) * All players will leave the safety zone, make their pitch swings one at a time and then go back to the safety zone * If shots do not make it on the putting green/ final target from either the pitch or chipping tee area that’s ok! * Once all players have hit from the pitch area (green tee markers) they will retrieve their balls and assemble in the safety zone near the chip area (blue tee markers) and repeat the process. * Once players have reached the putting area (red tee markers), they will all putt their balls into the hole/hit the target using order of play rules   + - Coaches will use information found on the Activity Add-On Form to teach new information or to reinforce already learned information | |
| **Coaching Tips and Objectives** | |
| **Key Commitment Objective:** Players will demonstrate appreciation for the diverse selection of golf clubs as they play on the course or simulated golf holes.  **Golf Objective:** Players will understand the value of different golf clubs and a process for club selection depending on the type of shot they have. | **Sample Coaching Questions:**   * How is choosing the right club helping you while playing the game? * How are you demonstrating that you appreciate diversity? * How can the differences between the things we use be a great thing? |