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| **Lesson Plan Week #7 (Age 12+13)** | **Supplies: Avengers Assemble-** Appropriately sized standard putting/chipping/pitching clubs, standard golf balls, cone tee markers, safety hoops, targets (if needed) **Additional Set Up Details: Avengers Assemble -**The activity can be set up on golf holes or an open field. Each hole is 50-100 yards. Coaches will try to set up 2 or 3 holes. Each hitting zone will be marked with a different colored cone tee marker as shown below.  |
| **Core Lesson: Respecting and Valuing Diversity** **Game/Activity: Avengers Assemble****Key Commitment: Collaborating with Others****Factor of Influence:** **Course Management** **Golf Skill Category:** Putt, Chip, Pitch**Golf Fundamental:** On-Course Strategy |
| **Avengers Assemble** **(Putt)**  **(Chip)** **Safety Zone** **(Pitch)** |
| **Warm Up: 10 Minutes** |
| **On the Bus/Off the Bus**- Coaches will mark off an area with cones lined up on two sides and a circle of cones in the middle. The class will be divided along the cones on either side. The lines of each side represent the bus stop. The cones in the middle represent the “Bus”. Coaches will call out an invitation to the group like the following: “Get on the bus if you like pizza”. All players that like pizza will move to the “Bus” area. Coaches will then make invitation to the group like “Get off the bus if you like vegetables.” Players that don’t like veggies will step off the bus and go back to the bus stop. Some may still be on the bus. Coaches will alternate Get On and Get Off statements to keep the flow of players moving around. This activity partially reinforces the “Appreciating and Valuing Diversity” life skill lesson of the day. |
| **Lesson Preview: 5 Minutes**  |
| **Lesson Preview Play by Play:** Coaches will ask questions about respecting and valuing diversity. The activity is called Avengers Assemble because the avengers each have unique strengths that help the team and make it stronger. Coaches will ask if the players know their strengths regarding golf. Coaches will ask about course management and what that means? Coaches will tease how the Avengers Assemble activity may identify some strengths in everyone’s golf game.  |
| **Wrap Up 5 Minutes** |
| **Wrap Up Questions:** * How did class go today?
* What did you learn about golf today?
* How did you demonstrate respecting and valuing diversity today?
* How can we take what you learned about respecting and valuing diversity and apply that to your life away from the First Tee?
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| **Avengers Assemble (40 Minutes)** |
| **Game/Activity Objective**: Players are formed into teams of three and play on a short course or simulated holes. Each team will demonstrate respecting and valuing diversity as they determine what players begin from each tee markers to give the team the lowest (best) score possible. |
| **Game/Activity Play by Play:*** Players will assemble in a safe area for the activity demonstration
* Coaches will demonstrate the safety process, the golf skills and the activity
* Class will be divided into smaller groups (teams) with three in each group (if possible)
* Teams will go to one of the holes and assemble in the safety zone near the pitch shot (green tee markers) for the first shot on the hole
* Teams will first determine who is going to hit the shot from the three tee positions on the hole. (pitch-green, chip-blue, putt-red)
* Coaches will lead a discussion that differences in ability, experience and comfort level may determine who hits from each spot
* Players will then take turns hitting shots from their spot and playing their own ball from whatever tee they started from using order of play rules
* A total score will be generated for each hole by combining the total strokes from all players
* As the teams play more holes, coaches will encourage players to change the tees where they will begin each hole
	+ - Coaches will use information found on the Activity Add-On Form to teach additional information
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| **Coaching Tips & Objectives** |
| **Key Commitment Objective:** Players will demonstrate respecting and valuing diversity by determining what players will play from the three different starting points on each hole. **Golf Objective:** Coaches will assist as players will experiment with different starting points to increase team success.  | **Coaching Questions:** * How are you determining who starts from each tee marker?
* How are you demonstrating that you respect and value diversity?
* How are you different from the rest of your team?
* How can the differences between teammates be a great thing?
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